

Port Huron Hospital Industrial Health Monthly

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PRE-EMPLOYMENT PHYSICAL INFORMATION

Do you do pre-employment examinations for potential new hires? Employers who do not perform them are missing out on one of the most cost-effective tools to increase productivity and reduce liability.

A basic pre-employment physical will include a thorough medical history, checks of weight, blood pressure, vision and the actual physical exam. Depending on the industry and the type of work the person will perform, additional testing can be included during the exam. Additional testing could include a hearing test, lift test, respirator fit test and certain immunizations.

The purpose of a pre-employment physical is to ensure:

- That the potential employee has no medical conditions that would affect safe job performance. In some cases restrictions would be given.
- That the applicant is aware of personal medical conditions that may require evaluation and treatment.
- Documentation of pre-existing conditions to reduce future liability.
- That the applicant receives counseling on personal health habits and how to achieve optimum personal health.

Many studies have documented a direct relationship between the health habits of workers and measures of productivity. Healthier employees use less sick time and personal days, cost less in terms of health insurance and have lower rates of work-related injuries and lower workers compensation costs.

If you would like more information on this topic or if you would like Industrial Health to provide pre-employment physicals on your applicants please contact Carter Hitesman at 810-982-8016.

This Month's Headlines

Physical Information

MIOSHA Program
Information

Drug Testing Can
Save You \$

Schedule Your On-
Site Services

MIOSHA PROGRAM FILLING UP

The MIOSHA program scheduled for August 23rd at Port Huron Hospital is filling up very quickly. If you are interested in attending the program – *MIOSHA Recordkeeping, Accident Investigation & Workers Compensation Strategies* – please contact Carter Hitesman at 810-982-8016.

The program starts at 9:00am and is over by 4:00pm. The cost for the program is \$60.00. Hope to see you there!

DRUG TESTING COULD SAVE YOU MONEY

Did you know many insurance companies offer a 3% to 5% discount on the workers' compensation premium for employers who participate in a drug testing program? In most cases, the insured must perform pre-employment, post accident, just cause and random testing to qualify for the discount.

Port Huron Hospital Industrial Health can help you with a drug testing program and help ensure that you are providing a drug free, safe workplace for your employees. Industrial Health offers pre-placement, post accident, for cause and random testing at our clinic and, in certain situations, on-site using the Take Care-a-Van.

Recently, Industrial Health purchased all the software needed to provide Random Drug Testing Program Management. We can put your employees in our system and scientifically pick random employees for drug and/or alcohol testing. Industrial Health is able to provide you with reports quarterly and annually regarding your random testing program. The program can be used by both DOT and non-DOT regulated employers.

Industrial Health can also serve as your drug screen collection site. We have in-house labs we work with or can collect and send out a sample to any lab area employers may have a contract with. Our physician is a Medical Review Officer (MRO) and takes the time to make sure each result reported by Industrial Health is correct. Lastly, Substance Abuse Professionals are available through our Employee Assistance Program should you have a positive result. Industrial Health is St. Clair County's premiere drug testing and occupational health provider.

For more information on any Industrial Health services, please call Carter Hitesman at 810-982-8016.

GET IT IN THE BOOK

Thank you to all the employers who work with Industrial Health in regard to on-site services. Whether its annual hearing tests, respirator fit tests, wellness programs, back safety trainings, CPR, first aid, blood borne pathogen training, AED training, physical exams or on-site drug testing Industrial Health is one the move. Our 40-foot mobile health unit, the Take Care-a-Van, has definitely put on some miles over this past year.

Please don't wait to schedule your services. Being local does allow Industrial Health to be flexible and very accommodating in regard to scheduling but we can only be one place at a time. To make sure we are at your place when you want us, contact Mark Peltier, Mobile Health Coordinator, to schedule your program.

If you currently use another provider for any of the above services, give Industrial Health a call. We would appreciate the opportunity to serve you. Working with a local provider has its advantages including flexible scheduling, easy communication and quality service. Try us, you'll like us.